

APPNE 3rd Annual Health Convention – 12th November 2022

1. RADIOLOGY CME Program

12:15 - 12:35

1- Functional imaging in Dementia (Dr Najeeb Ahmed- Consultant Radiologist -Hull Royal Infirmary)

12:40 - 13:10

2- Insights in to pediatric Radiology (Dr Sana Ali -Consultant Paediatric Radiologist - Birmingham Women's and Children's NHS Foundation Trust)

13:15 - 13:35

3- Uterine artery embolisation: Role in serious obstetric and gynaecological conditions – Dr Saira Sayeed – Vascular Interventional Radiologist; Hull Royal Infirmary

13:40-14:00

4- Radiology for non Radiologists (Dr Muhammad Imran - Consultant Radiologist - South Tees Hospitals NHS Foundation Trust)

SPEAKERS BIOGRAPHY



Dr Muhammad Imran – Consultant Radiologist

James Cook University Hospital

Dr. Muhammad Imran



Consultant Radiologist at James Cook University Hospital, (South Tees Hospitals, NHS Trust), UK. He trained in clinical oncology and later on as a Radiologist. He has particular interest in general adult/emergency radiology and diagnostic/interventional oncoradiology. Dr Imran is very passionate about teaching medical education with extensive experience in teaching & examining. He is currently an honorary tutor & examiner for Newcastle University Medical School, UK.





Dr Sana Ali – Consultant Paediatric Radiologist

Birmingham Children's Hospital

Consultant Paediatric Radiologist at Birmingham Children's Hospital, a tertiary level paediatric centre in the heart of the UK. Dr Ali is the RCR College Tutor for the hospital as well as one of the Paediatric Subspecialty Leads for the West Midlands Academy of Radiology. This allows Dr Ali to actively practice her passion for teaching and training of radiology registrars and medical students.

Dr Ali specialises in all aspects of Neuro and Body imaging in children, with specific areas of interest in Nephro-urological and Neuro imaging.



Dr Najeeb Ahmed)– Consultant Radiologist

MBBS, MRCP(UK), FRCR, FRCP (Edin)

Hull University Teaching Hospital NHS Trust

Dr Najeeb Ahmed is a Consultant Radiologist in Hull University Teaching Hospitals. His specialist interest is in Hybrid functional imaging including, SPEC/CT, PET/CT and PET/MRI. He is the Clinical lead for PET/CT and Nuclear Medicine, a Senior Clinical Lecturer in the Hull York Medical School, and the Royal College of Radiology Regional Chair for Lincolnshire and South Yorkshire.



Dr Saira Sayeed – Consultant Vascular Interventional Radiologist

Hull University Teaching Hospital NHS Trust

My name is Saira Sayeed. I have been working as a vascular interventional

Radiologist at Hull university Teaching Hospitals NHS Trust since 2016. I perform a variety of vascular interventions ranging from venous access lines to complex aortic work. I am the lead for mesenteric ischemia and vascular malformations in my department. I am also in charge of the training for junior doctors in interventional Radiology.

2. UROLOGY CME Program

Programme for Nov 12 2022 - Urology Event 1400 - 1600 Hrs.

(APPNE in collaboration with PAUS International)

Chair: Asem Chaudry

Co-Chair: Shabi Ahmad

Welcome and introductions - 1400 - 1410

1. Mazhar Sheikh - Blackpool - **1410 - 1435**: Urological Cancers - Referral Guidelines Update
2. Muhammad Belal - Birmingham - **1435 - 1500**: Managing Urinary Incontinence in the Community
3. Iftikhar Khan SCF - Bedford - **1500 - 1525**: Managing Urological emergencies in Primary care
4. Mehwash Nadeem (Middlesborough) & Saqib Javed (Crewe) - 1525 - 1550: Career Progression Pathways for SAS doctors

Concluding remarks: 1550 – 1600

N.B. Each presentation is 20 min + 5 min of Q&A.

SPEAKERS BIOGRAPHY



Mr Mazhar Sheikh MBBS, FRCS (Urol)

Consultant Urological Surgeon
Blackpool Victoria Hospital NHS Foundation Trust

He is a Graduate of Dow Medical College Karachi and was appointed to his present post in 2016. His areas of interest are General urology, stone disease and Laparoscopic Urology. Has completed a fellowship in laparoscopic surgery and has multiple publications in international journals. He is very passionate about teaching and supporting trainees.



Mr Aasem Masood Chaudry MBBS, FRCS, FRCS (Urol):

Consultant Urological Surgeon & Clinical + Cancer Lead

Bedford Teaching Hospital, Bedford.



Mr Iftikhar Khan MBBS, FCPS, FRCS (Urol Int)

Senior Clinical Fellow Urology

Bedfordshire Hospitals NHS Trust.

He graduated from Rawalpindi Medical University and completed his Fellowship training in Shifa International Hospital Islamabad. He was appointed to his present position in 2020 and is working towards obtaining CESR in due course. His main areas of interest are kidney stone disease and upper tract laparoscopy.



Mr Mohammed Bilal MA MB BChir, FRCS (Urol)

Consultant Urologist

Birmingham University Hospitals NHS Trust.

He specialises in both male and female urinary incontinence, overactive bladder, male infertility, and kidney stones, and is well-versed in both andrology and female urology. A Cambridge graduate, he undertook further surgical training at a number of renowned medical institutions, such as Guy's Hospital, London and the Bristol Urological Institute, and also received a prestigious fellowship in Melbourne, Australia.



Mr Saqib Javed MD, FRCS (Urol)

Consultant Urologist

Mid Cheshire Hospitals NHS Foundation Trust

Graduate of Nishter Medical University Multan, he trained in various prestigious hospitals in UK. He completed his MD from Royal Surrey University Hospital followed by specialist training in the Mersey region. His main area of interest is Prostate cancer diagnosis and his research focused on histoscanning and novel biomarkers in prostate cancer. He has published his research widely in various peer reviewed journals and presented in many international conferences. He is also a reviewer of British Journal of Urology International (BJUI) and World Journal of Urology (WJU). His other areas of interest include lower tract dysfunction and kidney stone disease.



Ms Mehwash Nadeem – MBBS, FCPS, FRCS (Urol)

Consultant Urologist The James Cook University Hospital, Middlesbrough.

Appointed to her current post in Aug 2020, Mehwash Nadeem specialises in conservative and surgical management of bladder dysfunction in both males and females. This includes: urinary incontinence, overactive bladder, chronic pelvic pain/ bladder pain syndrome, urinary tract infections and urinary tract fistula. She has particular interest in managing female urethral diverticulum, post prostatectomy incontinence and chronic urinary retention in females. She undertakes and supervises research in area of her clinical subspecialty interest. She has presented in multiple national and international conferences, as well as published papers and book chapters. She has completed her fellowship in female, functional and restorative urology from University College London Hospitals.

3. MEDICINE & Allied Specialities CME Program

Acute Medicine

1- Acute Medicine Training : FACTS AND FANTASIES

By - Dr Qaisar Latif, MBBS, MRCP, Fellow Stroke Medicine. Currently working as ST7 Acute Internal Medicine at University Hospitals Leicester.

10:00 - 10:25

2- Role of US & Bedside Echo during Resuscitation & in Acutely Unwell Patient .

By - Dr Khalil Ahmad Consultant Acute Medicine & Critical Care King's Mill Hospital.

10:25 - 10:50

Q&As.

10:50 - 11:00

11:10 – 11:50

Interactive Discussion on practical aspects in assessment and management of endocrine emergencies"

By Dr Rahat Ali Tauni MRCP, MAMEd, FRCP, FHEA, FACP

Endocrinologist at West Herts Teaching Hospitals

11:55 – 12:30

Acute Kidney Injury By Dr Mansoor Naser Ali; Consultant Nephrologist

Bradford Teaching Hospitals NHS Trust

SPEAKERS BIOGRAPHY



Dr Khalil Ahmed – Consultant Acute Medicine

Dr Khalil Ahmad-Consultant Acute Medicine & Critical Care King's Mill Hospital I am currently working as a substantive consultant in Acute Medicine & Critical Care at King's Mill Hospital Sutton In Ashfield. I was graduated in 1998 from Pakistan, then completed my specialty training in General Internal Medicine as a curriculum for fellowship in GIM & then passed FCPS final exam organised by CPSP Pakistan (Pakistan College of Physicians & Surgeons) in 2005. I then passed membership exam with RCP UK (MRCP) in 2011 while working in Dubai Health Authority as Specialist in Intensive Care Medicine. While working there, I also passed European Diploma Exams. organised by ESICM Brussels (EDIC in 2013 & EDEC - European Diploma in Advanced Intensive Care Echocardiography in 2018). I was relocated to UK in 2019 and joined King's Mill Hospital as a Consultant in Acute Medicine. I then got CESR with GMC, and subsequently on GMC Specialist Register in January 2021. I was awarded fellowship by RCP Glasgow (FRCP) in 2021. More recently, I have been granted fellowship with Royal College of Anaesthesia UK and awarded Associate Fellow of Faculty of Intensive Care Medicine UK (AFICM) in October 2022.

Dr Qaisar Latif, MBBS, MRCP, Fellow Stroke Medicine.

Currently working as ST7 Acute Internal Medicine at University Hospitals Leicester.

Endocrinology



Dr Rahat Ali Tauni ; Consultant Endocrinologist

- . Graduated from King Edward Medical College with honours.
- . Trained in South Wales, Manchester and Cambridge. Also completed degree in medical education
- . Consultant Endocrinologist with a special interest in teaching
- . National and international presentations, books and chapters to his name
- . Represented European Society of Endocrinology at Endocrine Society (US) at Global leadership academy 2020
- . Community and charity projects. Has a facebook channel for community awareness of diabetes and endocrinology disorders in urdu.
- . Vice President of Association of British Endocrinologists of Pakistani Origin and Heritage.

Nephrology



Dr Mansoor N Ali

Consultant Nephrologist at Bradford Teaching Hospitals NHS Foundation Trust (BTHFT)

Lead for advanced kidney care services at BTHFT

Secondary care placement lead for year 1-5 medical students at university of Leeds,

Honorary senior lecturer (university of Leeds)

Renal lead for 5 th year undergraduate medical students at BTHFT.

Previously held Deputy Training programme director integrated medical training.

Previously, clinical lead and consultant nephrologist at Calderdale and Huddersfield NHS Trust.

Member of APPNE, member of the education team at APPNE, UK kidney association and American society of nephrology

Interest in Acute kidney injury, Chronic kidney disease, glomerular disease and medical education.

4. Gastroenterology & Upper GI Surgery

13:00 - 13:30

Medical Management of GORD.

Dr Asma Asghar.

Clinical Fellow Gastroenterology and advanced Endoscopy.

Heartlands Hospital Birmingham.

Time of presentation 20 min

Q& A 5 min.

13:40-14:10 Surgical management of GORD

MR Syed Yousuf Iftikhar

Consultant Upper GI surgeon

University Hospitals of Derby & Burton NHS Foundation Trust

Time of presentation 20 min

Q& A 5 min

14:20- 14:50

Medical Management of Metabolic syndrome associated liver disease.

Dr Mohsan Subhani.

Research Fellow and ST7 in Liver Medicine Univeristy of Nottingham.

Time of presentation 20 min

Q& A 5 min

15:00 - 15:30

Surgical management of metabolic syndrome

Mr Syed Adnan Kabir

Consultant Bariatric Surgeon

Royal Stoke University Hospital

Time of presentation 20 min

Q& A 5 min

Q & A - Closing Remarks - 15:40 - 16:00

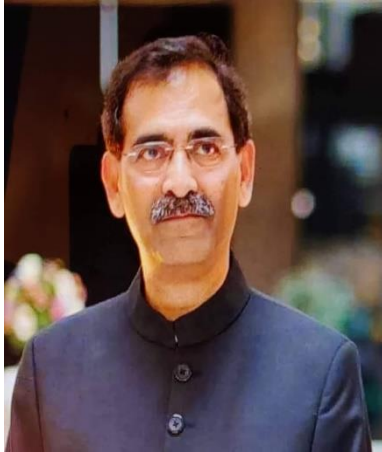
SPEAKERS BIOGRAPHY



Dr Asma Asghar

Clinical Fellow Gastroenterology and advanced Endoscopy.

Interested in Teaching & Advances in Gastroenterology.



Mr Yousuf Iftikhar

Consultant Upper GI surgeon & Associate Professor

FRCS,DM

Professional Bodies:

Association of Surgeons of Great Britain and Ireland

Association of Upper GI Surgeons of Great Britain & Ireland

British Society of Gastroenterology

European Endoscopic Surgeons Association

British Medical Association

Association of Laparoscopic Surgeons

East Midlands Surgical Society

Prizes and Awards

1.Percutaneous gastrostomy: A new technique.

First prize for presentation.

Midland gastroenterology Society Dec 1989.

2.Bile reflux in Barrett's oesophagus.

First prize for presentation

Midland gastroenterology Society June 1991.

MERIT SCHOLARSHIPS:

1. Recipient of Dacca Board Merit Scholarship for the years 1970, 1971 and 1972, based on Secondary School Certificate results.
2. Recipient of Dawood Foundation Merit Scholarship for the years 1970, 1971 and 1972 based on Secondary School Certificate result.
3. Recipient of Directorate of Education Merit Scholarship for all five academic years in Medical College.

Research Supervision

Two students (Mr Altaf Awan and Mr Farhan Rashid) have been awarded DM from University of Nottingham and further two students Mr Waleed Al-Khayat and Antonella De Rosa been awarded PhD



Mr Adnan Kabir

Consultant Bariatric Surgeon

Introduction & Interest:

I am Mr. Syed Adnan Kabir, after graduating from Army Medical College, Pakistan 2006 (25th MBBS Course). I came to the United Kingdom as an International Medical Graduate via the PLAB route with an aim to train as a General surgeon with sub-interest in Medical Education.

After 16 years of persistence, dedication and hard work. I am proud to say that I have managed to not only train as General and Upper GI/Bariatric surgeon with CCT from the West Midlands Deanery, which allowed me to rotate between well-known, high volume and quality assured training centres, with hands on experience. But also in-between I managed

to complete my Masters in Medical Education from the University of Nottingham which was my sub-interest.

Currently, as things stand, I am one of the faculty members for the Royal College of Surgeons in the UK, and for Health Education England as an evaluator for ST3 National Recruitment Program for General surgery.

As a surgeon I am to start as a well-trained consultant General and Upper GI/Bariatric surgeon at the Walsall Manor hospital, West-Midlands. It is indeed a very proud moment for me to be working in one of the total 38 national Bariatric centers in the UK, that has been offering Bariatric surgical services since in the early 1990s.

I hope to now continue to progress further in my career as a trained consultant Bariatric surgeon, not only to continue to improve the current level of service it provides but, also to train the next generation of surgeons to ensure quality is maintained and safety is not compromised.



Dr Mohsin Subhani

Research Fellow and ST7 in Liver Medicine Univeristy of Nottingham.

Dr Mohsen Subhani is a gastroenterology trainee with special interest in hepatology. He has done hepatology advance training fellowship from Kings College Hospital London and currently out of program doing PhD at University of Nottingham.

5. ANAESTHESIA

14:00 - 14:05 Welcome: & Introduction - Dr Zahid Sheikh

14:05 - 14:25 Ophthalmic Regional Anaesthesia - Prof Muhammad Mukhtar

14:25 – 14:30 Q/A

14:30 – 15:00 POCUS Cases– Dr Tahir Ali

15:00 - 15:25 Workshop-1 - Dr Tahir Ali POCUS (Point of care use of U/S in Critical care patients)

15:25 – 15:30 Q/A

15:30 – 16:00 Workshop-2 - Dr Zahid Sheikh Procedure Specific Ultrasound Guided Regional Anaesthesia

16:00 Closing remarks

SPEAKERS BIOGRAPHY

Organiser Dr Zahid Sheikh Royal Derby Hospital Derby

Speakers:

1. Dr Zahid Sheikh Consultant in Anaesthesia and Acute Pain Medicine UHDB Royal Derby Hospitals NHS Trust - Derby

2. Dr Tahir Ali Consultant in Intensive Care Medicine & Anaesthesia Buckinghamshire Healthcare NHS Trust

3. Prof Muhammad Mukhtar Consultant in Anaesthesia St Vincent's University Hospital & Royal Victoria Eye and Ear Hospital - Dublin Ireland

6. Women Health / Gynaecology

13:00 - 13:35 – Integrated Care Approach and Management of Menorrhagia

By Dr Shazia Jaleel

13:35 - 13:45 - Q & A

13:45– 14:20 Let's Talk About Menopause

By Dr Amara Sohail

14:20 – 14:25 – Q & A

14:25 - 14:55 MDT Chronic Pelvic Pain Clinic - An overview of the service we provide

By Dr Ayesha Qureshi

14:55 – 15:00 – Q & A

15:00 Closing remarks

SPEAKERS BIOGRPAHY

Chair: Mrs Jamila Shahid FRCOG

Consultant Obstetrician & Gynaecologist

The Droitwich Spa Hospital

Ms Shazia Jaleel

FRCOG, FHEA, Diploma Medical Education, BSCCP, FCPS

Consultant Obstetrician & Gynaecologist

George Elliot Hospital, Nunaeton

Digital Lead & RCOG College Tutor

Honorary Associate Professor, Warwick University

Special interests: Medical Education, Office Gynaecology, Minimal Access Surgery and High Risk Obstetrics

Title of Presentation: Integrated Care Approach and Management of Menorrhagia

Miss Amara Sohail

FRCOG, MSc

Consultant Obstetrician & Gynaecologist

North Hampshire Hospital NHS Foundation Trust

DME/Associate Professor St George's Medical University, Granada

Visiting Lecturer Southampton University

Special Interests: Early Pregnancy & Emergency Gynaecology Lead, Adolescent Gynaecology, Menopause,

Obstetric Clinical Governance Lead, Trust Wellbeing Lead, Medical Education

Title of Presentation: Let's Talk About Menopause

Mrs Aysha Qureshi

FRCOG, BSc, DFRH, Certificate in Medical Education

RCOG/RCR Diploma in Advanced Obstetric Scanning

Consultant Obstetrician & Gynaecologist

Royal United Hospitals Bath NHS Foundation Trust

BMS Accredited Menopause Specialist, FSRH Trainer

Special Interests: Urogynaecology, Menopause, Obstetric Scanning

Title of Presentation: Bridge over Troubled Waters

Miss Shaireen Aleem

Consultant obstetrician & Gynaecologist

Southport and Ormskirk Hospital

Honorary Consultant Walton Centre Liverpool

Special Interests: Urogynaecology, Laparoscopic Urogynaecology Surgery and Chronic Pelvic Pain

Title of Presentation: MDT Chronic Pelvic Pain Clinic - An overview of the service we provide

7. ENT

Program ENT Educational Event APPNE **12th November 2022**

1300 - 1305 hrs: Welcome, Introduction and House Keeping Rules	A Qayyum
1305 - 1330 hrs: How to create an International free educational platform – Experience of an ENT Surgeon	S Quraishi
1330 - 1345 hrs: ENT Training in the UK	A Qayyum
1345 - 1400 hrs: CESR in light of the new ENT Curriculum	H Iftikhar
1400 - 1430 hrs: ENT in Primary Care	TBC
1430 - 1500 hrs: Unknown Primary Carcinoma of the Head and Neck	S Quraishi
1500 - 1530 hrs: Cochlear Implants – the advancing frontier	N Ahmad
1530 – 1600 hrs: Rhinoplasty – top tips	S Ahmed

SPEAKERS BIOGRAPHY

Mr M Shahed Quraishi (Prof) OBE

FRCS (ORL-HNS)

Consultant Otolaryngologist, Thyroid & Parathyroid Surgeon

Doncaster Royal Infirmary, UK,

Director ENT Masterclass®.



Outstanding Academic Contribution:

- Development “ENT Masterclass” a Free International training Platform for Ear, Nose and Throat Surgical Trainees and Consultants, since 2005. www.entmaterclass.com
- Contributed more than £3.4 million worth of free educational resources to trainees and consultants globally
- The Masterclass has been publishing one journal/year for over ten consecutive years with 20-25 high quality peer reviewed articles. This journal is distributed free of charge within UK and Internationally
- ENT Masterclass website is a free educational platform for ENT trainees to access previous meetings, journal and a cyber text book to review surgeries performed by noted surgeons from all over the world.

Academic Appointments:

- Hon Senior Lecturer in Surgical Oncology, University of Sheffield
- Member of Court of Examiners, Royal College of Surgeons for Intercollegiate Examination Board
- Examiner for the European Board of Otolaryngology, Vienna
- Member of Surgical Advisory Committee, JCST, Royal College of Surgeons England
- Specialist advisor to NICE
- Past President, Royal Society of Medicine, England
- Training Program Director, Higher Surgical Trainees in Otolaryngology, South Yorkshire and Humberside Deanery. (2007-09)

- Royal College Representative, Consultant Advisory Appointment Committees.
- Hon Professor Beijing University
- Visiting professor & Examiner Dow University of Health Sciences. Karachi, Pakistan.
- Visiting professor & Examiner Dhaka, Bangladesh
- Editor for multiple international Journals

Awards/Merit Scholarships:

- National award for Clinical excellence, Silver award 2015
- ACCEA, Bronze award 2010 & 2014
- Consultant of the year award Doncaster and Bassetlaw NHS Foundation Trust

Dr Haissan Iftikhar

FCPS, FRCS(ORL-HNS),

Member European Board of Otolaryngology-Head and Neck Surgery

Rhinology and Lateral Skull Base Fellow

University Hospitals Birmingham



Dr Haissan Iftikhar is an AKU PGME and Master's program Alumni. He completed his residency in Otolaryngology in 2019 with excellence in surgical training award and his fellowship in Head and Neck Surgery in 2020 with best fellow's award.

He is currently pursuing a clinical fellowship in Rhinology and Endoscopic Skull base surgery at the University Hospitals Birmingham, UK. He has over 37 peer reviewed publications and has been actively presenting at national and international forums more recent at the European Rhinology Society where he presented 5 systematic reviews. He is a co-faculty at the triannual FESS course at Coventry, UK. He has been invited as a guest speaker and a master trainer at three rhinology workshops and seminars in Pakistan in Oct 2022.

Mr Noweed Ahmad

MSc (Audiology), FRCS, DOHNS, MBChB

Lateral Skull Base and Cochlear Implant Surgeon

South Tees Hospital NHS Foundation Trust



Mr Ahmad's qualifications are MBChB (Manchester), FRCS (Edinburgh), MSc Audiology (UCL) and DOHNS (Royal College of Surgeons of England). He was awarded a distinction for his Masters degree in Audiology and has completed international super-specialist training fellowships in Advanced Otology [Ear Surgery], Neurotology and Skull Base Surgery in Canada and Australia.

He is one of the only surgeons in the UK who also has a Masters in Audiology and leads one of the UK's largest botulinum toxin clinics for ENT movement disorders.

He is a Consultant ENT Surgeon (with super-specialisation in Otology, Neurotology and Skull Base Surgery) and runs the Cochlear Implant Program at South Tees Hospitals NHS Foundation Trust.

Mr Ahmad helped set up the first humanitarian cochlear implantation programme for children in the developing world in 2012 and it has grown to become the world's largest. He remains the director and senior surgeon of the programme, actively training surgeons both there and the UK.

Mr Asad Qayyum

FRCS, FRCS(ORL-HNS), MRCS, DLO



Consultant Otolaryngologist and Clinical Director Northwest Anglia Trust

Training Program Director, Otolaryngology, Health Education East of England

Mr Asad Qayyum is working as a consultant ENT Surgeon practicing in the Cambridgeshire, United Kingdom. He has a specialist interest in Otology, Balance and Paediatric ENT problems. Mr Asad is Clinical Director for the Head and Neck Services and also the Training Program Director for the ENT Trainees in the Cambridgeshire region.

Asad has been the International Otology Fellow at the Royal Darwin Hospital in Australia and completed a second fellowship in Otology and Ear Implant Unit at the Addenbrookes Hospital, Cambridge. Asad has been involved with the research of Genetics of Early onset hearing loss at the Sanger Genome Institute at Cambridge. His current research interest involves managing prevention of retraction pockets of tympanic membrane using a combination of endoscopic approach and Eustachian tuboplasty.

Asad has extensive Otological experience in Endoscopic Ear Surgery, Cholesteatoma Surgery, Stapes Surgery and managing patients with vertigo and balance problems both in adult and paediatric population.

Asad is also a course director for cadaveric ENT, Head and Neck courses, that he has set up in collaboration with the Anglia Ruskin University in the United Kingdom.

Asad has more than 70 publications including text book chapters to his name. He has presented his work in South Africa, Switzerland, China, USA and the UK.

Outside of work he is passionate about photography and restoring classic cars.

8. Plastic Surgery

1. 12:30 – 12:50 - To Be or Not to Be. (Mr Haroon Siddiqui Consultant Plastic Surgeon).
2. 12:55 – 13:10 - The Oncoplastic Surgeon. (Mr Tuabin Rasheed Consultant Plastic Surgeon).
3. 13:15 – 13:30 - The Bussiness of being a Plastic Surgeon in Private Practice. (Mr Taimur Shoaib; Consultant Plastic Surgeon).
4. 13:35 – 13:50 - Surgery for Lymphoedema. (Ms. Maleeha Mughal Consultant Plastic Surgeon)
5. 13:55 – 14:10 - Getting a Training Number in Plastic Surgery from Pakistan: My Journey. (Mr Dujan Bhatti Specialist Trainee in Plastic Surgery).
6. 14:15 – 14:30 - Achieving a Dream: How to Become a Plastic Surgeon. (Miss Zainah Sindhoo Medical Student).

SPEAKERS BIOGRAPHY

Dr Dujan Bhatti

I am ST3 trainee in Plastic and reconstructive surgery in Wessex/Thames deanery. I completed my Undergraduate studies in Pakistan in 2017 and completed my House job followed by 1 year of FCPS training in Holy Family Rawalpindi. I moved to Scotland in 2020 to start my Core surgery trainee in Aberdeen. I completed a PG certification in Medical Education and was appointed BMA deputy-chair for JDC and Regional representative for Association of surgeons in training (ASiT). My research interests include use of artificial dermal substitutes, aesthetics and skin cancer. After completing my CST, I secured a NTN in Plastic surgery and started my journey as an ST3 in Wessex/Thames deanery. I aim to grow the interest in this field for all, especially for IMGs struggling to meet the prerequisites.

Dr Haroon Siddiqui

Initial 2 years training started in Saudi Arabia by UK trained plastic surgeons

Birmingham 1st year
6 years London based training

23 years a consultant with 22 years in James

CD for plastic surgery till April 22

Skin chair for Teesside region since 14 years

Lead surgeon Pelvic Reconstructive Surgery covering,
Regional Spinal injury centre for complex PSores
Hypospadias lead for 20 years
Adult reconstructive penile work

Gynae Oncology reconstruction lead
Colorectal lead including complex pilonidal diseases

MAC member for BMI for 12 years and now for local Ramsey for 2 years

Mr Taubin Rasheed

Mr Rasheed is a fully accredited Plastic Surgeon on the GMC specialist register. After training in general surgery and several subspecialties, (ENT, Neurosurgery, Paediatric, Plastic, Thoracic, Urology, Vascular, Orthopaedics & Fractures), he undertook training in Plastic, Reconstructive & Aesthetic Surgery at Royal Victoria Hospitals & Ulster Hospital in Belfast in the late 90s, then at Ninewells Hospital in Dundee. He joined Nottingham City Hospital in 2004 where he undertook training in oncoplastic breast surgery and later on worked in Sheffield as a Specialist Registrar and then as acting Consultant before returning to Nottingham City Hospital.

In his NHS practice at the Nottingham Universities Hospitals he works as a Consultant Plastic, Reconstructive & Aesthetic Surgeon, as well as a specialist in breast reconstruction and microsurgery. He also works as an Oncoplastic breast Surgeon at the Nottingham Breast Institute. Previously he worked at the breast unit in King's Mill Hospital in Mansfield. After developing the breast reconstructive service at that unit, he withdrew to support the breast services at the Nottingham Breast Institute. He is one of the first plastic surgeons appointed to cover both Plastic and Breast services.

Mr Rasheed is the lead educational supervisor for the National Oncoplastic breast surgery trainees at the Nottingham Breast institute and is also in charge of training plastic surgery trainees both in the NHS and private hospitals.

Mr Taimur Shoab

His training ended with a fellowship in head and neck cancer surgery. Working with Plastic Surgeons, ENT surgeons and Maxillofacial Surgeons in one of only five specialist fellowships in the country, at the time, and the first plastic surgeon to complete such a fellowship, Taimur Shoab worked in Oxford to learn the finer nuances of head and neck oncoplastic surgery before taking up his consultant post in Glasgow.

He has been a consultant and on the specialist register of plastic surgeons since the beginning of 2006 and enjoyed a varied practice until leaving the NHS to concentrate exclusively on his personal practice from 2014.

He has had regular commitments in various teaching and training roles, in microsurgery, reconstructive flaps, as an examiner in the FRCS(Plast) pre-fellowship course, as a supervisor to medical students studying medicine at the University of Glasgow and as a supervisor introducing junior surgeons to reconstructive plastic surgery. He is currently a Faculty Member of the Allergan Medical Institute, where he regularly teaches and trains aesthetic medical practitioners in advanced cosmetic medical treatments and techniques.

He runs a successful private practice in cosmetic surgery and has special interests in aesthetic medicine and surgery of the face, body and breast. His publications include the SIGN guideline for melanoma, squamous cell carcinoma, antibiotic prophylaxis in surgery, and several publications in melanoma and head and neck cancer, many of which have been cited by others in their scientific papers.

Mr Shoab is a multi award winning plastic surgeon having won awards such as: best cosmetic surgeon in the UK, best cosmetic surgeon in Scotland, best clinic in Scotland, best clinic group in the UK, most influential practitioner in Scotland, etc.

Ms Maleeha Mughal

She is a Consultant Plastic & Reconstructive Surgeon at Guy's & St. Thomas Hospital, London.

Originally from Lahore, Pakistan. Maleeha completed her medical training from Punjab Medical College, Pakistan.

She completed her specialist plastic surgery training in two renowned Plastic Surgery rotations in Leeds and London working in specialised microvascular reconstruction units.

Following her post graduate training , Maleeha spent a year in Toronto on a microsurgical fellowship working at centres of excellence for cancer reconstruction and Lymphoedema at University of Toronto

She completed a further microsurgical fellowship at Guy's & St. Thomas hospital covering all subspecialties.

She subspecialises in Breast cancer reconstruction , head & neck Cancer reconstruction and Lymphoedema surgery.

She is married to an Orthopaedic Surgeon and enjoys travelling, event planning and music.

Miss Zainah Sindhoo; Medical Student

Having obtained 10A*s in GCSE and 2A* 2As at A-level, I am a fourth-year medical student studying at the University of Nottingham. I have completed an intercalated degree in Public Health data analysis and I am currently undergoing a urological research project on pheochromocytomas as well as a paper on hand surgery later this year. Though still early on in my medical journey, I am hoping to pursue a career within surgery.

9. Primary care / GP

13:00 - Welcome Note by Hisham Haq

GP registrar training session - Chair - Dr Azhar Chaudry

13:05 - 13:20

EQ vs IQ - Dr Usama Jawaid

13:25 - 13:40

Leadership in Primary care - Active vs passive leadership

Dr Muhammad Imran GP partner

13:45 - 14:00

The life of a GP - the world is your oyster. Portfolio careers

Open session 15 minutes

Session 2 - 14:05

Welcome Note by Dr Samreen Muzafar

14:10 - 14:25

The Role of the clinical pharmacist in the clinics setting - optimal use of their skill set - Prof Bilal Merchant

14:30 - 15:00

Clinical research and commercial partnership & opportunity

Prof Nadeen Ahmed

20 minutes followed by Q&A

Session 3 - Contemporary issues in Primary Care

15:05 - Welcome note by Dr Ansar Hayat

15:10-15:25

Over the horizon Challenges to GP partnership

Dr Amir Hannan

15:25 - 15:40

Thrive and not just survive as a GP partner - Open forum and workshop activity.

15:45 - 16:00

What else can we aspire and achieve SMART objectives with timeline.

SPEAKERS BIOGRAPHY



Dr Hamid Merchant

Dr Merchant is a pharmaceutical scientist with over 19 years of experience in pharmaceutical research and development both in industry and academia. He joined the University of Huddersfield in October 2013 and is currently working as a Subject Leader in Pharmacy and Course Leader for the Postgraduate Pharmacy Suite.



Dr Muhammad Imran

He is a GP partner in Manchester and A Former Co-Chair Greater Manchester, Primary Care Pressures Group. He has held various leadership positions which include him being the Former Chair Trafford CCG, Former Co-Chair Trafford Locality Board

Former Co-Chair Health and Well-being Board Trafford. Dr Imran has a particular interest in systems change and effective leadership.



Dr Amir Hannan MBE

He is an English doctor who works as a General Practitioner in Tameside and has pioneered patients having access and understanding to their Electronic health records in the English National Health Service.

Dr Hannan is Chair of West Pennine Local Medical Committee and Chair of the Association of Greater Manchester Local Medical Committees. He is also Chair of the World Health Innovation Summit.



Dr Samreen Muzaffar

She is a seasoned clinician working in East Riding of Yorkshire

Hull & York Medical School tutor. She has run a series of YouTube videos on health promotion with colleagues and has been an effective Board member for APPNE and is part of the education committee.

Dr Muzaffar clinical interest are in working as a GPwSI in woman's health and holds qualifications including MBBS, MRCP, DFRH, DRCOG

General Practitioner working in East Riding of Yorkshire Hull & York Medical School tutor.



Dr Hisham Haq

Dr Hisham Haq is a Leicester based GP and the lead GP for the British Association of Pakistani General Practitioners. This is a Subsection of APPNE GPs. His current roles include him being treasurer for GP survival and also being a faculty board for Leicestershire RCGP. As a life member of APPNE he was the first social and corporate secretary and the Primary care lead. He is a GP trainee and was co-programme director of an international Primary Care initiative involving APPNA, AAPP and APPNE. This was a year long programme for training primary care physicians in various disciplines. As a medtech entrepreneur he has secured half million pound grants from innovate UK and continues to work with university partners on medical innovations.

Professor Nadeem Qureshi

He graduated from University College London Medical School in 1986. He became a Member of the Royal College of General Practitioners (MRCGP) with Distinction in 1991, achieved his MSc in Health Service Research & Technology Assessment in 1999 from the University of Sheffield, and completed his Doctorate in 2006. He originally came to the University of Nottingham as a part-time clinical lecturer in General Practice in 1994. Between 2004 and 2005 he was awarded a Harkness fellowship based in the Office of Public Health Genomics at the Center of Disease Control and Prevention in Atlanta. On his return from USA, he was appointed as a Clinical Senior Lecturer and promoted to Clinical Reader four years later. In 2011 he was appointed to the Clinical Professor of Primary Care post.

Dr Ansar Hayat (Chaudry)

He is a senior health leader and a GP Partner at Maybush Medical Center. Dr Hayat's work spans from UK to Pakistan and he is well regarded in the medical fraternity. His patient information messages have been widely received and warmly received in the community and by his patients. His qualifications include a BSc, MBBS, MRCGP, DLM, CIDC, PGC Public Health, GP trainer and GP partner.

10. Emergency Medicine

Keynote Session by Dr Taj Hassan (Past President Royal College of Emergency Medicine)

10:30-11:00 "Building upon the PSEM/CPSP Roadmap for Emergency Medicine in Pakistan & Development of the collaborative Hubs of Academic Learning Organisations (cHALO) programme in Emergency care" Dr Taj Hassan

11:00-11:30 "Question & Answer session with Keynote speaker" Dr Taj Hassan & Prof Ayaz Abbasi

11:30-12:10 "Training non-technical skills" Dr Mahvish Ramay

12:10-12:50 "Education, Leadership, Administration, Safety in EM"- By Dr Waseem Hassan

12:50-13:40 "Reflections on Studying Medicine and practicing Sports & Exercise Medicine"
Dr Farhan Shahid; ST7 Sports Medicine

13:10-13:20 COVID Medics – By Liza Haider (Medical Student)

13:20-13:40 Key aspects of Front Door service – By Dr Immad Qureshi

13:40-14:00 "Closing remarks" Prof Ayaz Abbasi, Dr Immad Qureshi

SPEAKERS BIOGRAPHY



PROF AYAZ ABBASSI

UK Consultant Emergency Medicine
Appraiser lead of Trust
Director of Quality Improvement
-Wrightington, Wigan and Leigh Foundation Trust, Wigan

Professor in Accident and Emergency Medicine SZABMU
Specialist Advisor CQC (Care Quality Commission) for Emergency and Unscheduled Care
Honorary Senior Lecturer Edge Hill University
Member of International Education Committee Royal College of Emergency Medicine (RCEM)
Member of BME committee General Medical Council (GMC)

Building and delivering on the Roadmap for Emergency Medicine in Pakistan.



Dr Taj Hassan

Dr Taj Hassan is a consultant in Emergency Medicine at the Leeds Teaching Hospitals NHS Trust and Past President of the Royal College of Emergency Medicine (2016 - 2019). He is the present Chair of the Leeds Emergency Medicine Research Group and Director of

C-AI-LT-EC.

Internationally, he has been involved in running leadership training programmes for the International Federation of EM (IFEM) as well as having led in devising and being the Co-Lead on the RCEM EMLeaders programme. He is Chair for Europe on the Board of the IFEM (2016 to date) as well as Chair of the International Faculty of the Pakistan Society of EM. His research interests and passions include the role of technology in decision support, education and leadership development of emergency physicians.

In his family time, he battles with the rigors and complexities of maintaining sanity in the tumultuous environment of 3 children, 2 dogs and a very patient wife!



Dr Azam Majeed

Emergency Medicine consultant UHB

Essential ultrasound components of an EM curriculum (tailored to a LMIC like Pakistan)

Clinical Service Lead, Emergency Medicine, University Hospitals Birmingham

EMUSS director

Regional RCEM Ultrasound Lead



Miss Liza Haider

Medical Student

Hi! I'm Liza Haider, a 2nd Year Medical student at the University of Liverpool. I went to Nottingham Girls High school for secondary school and sixth form. I have always been drawn towards medical sciences and today, I am going to be bringing light to problems faced by Medical students during the COVID-19 pandemic.

When I get the chance, I watch movies, play cricket & spend time with friends and family



Dr Farhan Shahid

ST7 – Sports & Exercise Medicine

Farhan is an ST6 Specialist Registrar in Sport & Exercise Medicine based in the London Deanery at the Barts Health NHS Trust. He has a keen interest in elite sport care, exercise medicine education and musculoskeletal ultrasonography.

He is the Academy of Medical Royal Colleges (AoMRC) Registrar Representative for the Faculty of Sport & Exercise Medicine (FSEM), focussing on representing his speciality on the wider national scale regarding issues with training and progressing SEM forward. He is also part of an SEM workforce planning group, and a working committee developing an FSEM Diploma in Exercise Medicine. Farhan is passionate about medical education and has developed modules in Sport and Exercise Medicine at University College London (UCL) and University of Birmingham Medical Schools, as well as teaching BSc and Masters students in musculoskeletal and exercise medicine. He has also been part of an organising committee arranging a teaching curriculum for the London Deanery Registrar training programme.

Farhan is part of the Moving Medicine team and co-leading the Anxiety Module, to provide evidence based information to promote patient centred conversations in promoting physical activity. His further passions lie in promoting exercise medicine especially within the south asian community where many barriers to health may be present.

In elite sport he has worked in various settings, including the Football Association, the LTA and the English Institute of Sport at the Institute of Sport, Exercise and Health (ISEH), providing musculoskeletal and medical care for elite athletes. He currently holds roles on the Royal Society of Medicine SEM Council, the Football Association (FA) as a Men's Development Squad Doctor and Tottenham Hotspur Women's Team Doctor.

11. CESR Guidance & APPNE Career Clinic

An Opportunity to know more about CESR Process & tips for a successful CESR Application.

12th November 2022

12:30 to 15:00

Programme

1- An Overview of CESR By Dr Zahid Noor. Associate Medical Director King's Mill Hospital & Pioneer of CESR Programme at KMH.

12:30 – 12:45

2- CESR Programme in Emergency Medicine at KMH & guidance for successful CESR in Emergency Medicine. By Dr Fatima Yusuf Consultant Emergency Medicine KMH

12:45 – 13:30

Short Break & Q&As

13:40 – 14:30

3- What are the main evidences for CESR & how to prepare a successful CESR Application. By Dr Khalil Ahmad Consultant Acute Medicine & Critical Care KMH.

14:35 – 15:00

Interactive Discussion with CESR Panel

SPEAKERS BIOGRAPHY



Dr Muhammad Zahid Noor

MSc (Resp Med) Dipl IC (Resp Med) FRCPE, FRCP
Consultant Chest Physician &
Associate Medical Director - workforce
Sherwood Forest Hospital NHS foundation Trust

I am working at KingsMill Hospital and leading on appraisal, Revalidation and job planning for the Trust.

I am also responsible for supervising the education and learning developments for the LEDs and SAS and specialists. Established a clinical fellow programme in line with trainee programme for the trust to deal with the local work force issues. Through this programme so far recruited more than 300 IMGs who have gone through training locally and are now working at various stages of their career progression in-turn helping in reducing the workforce gap in wider NHS . In addition helped SAS doctors on their career development and so far worked with more than 40 doctors closely helping them to achieve CESR successfully and support them to get the substantive consultant role in NHS.



Dr Khalil Ahmad-Consultant Acute Medicine & Critical Care

King's Mill Hospital

I am currently working as a substantive consultant in Acute Medicine & Critical Care at King's Mill Hospital Sutton in Ashfield. I was graduated in 1998 from Pakistan, then completed my specialty training in General Internal Medicine as a curriculum for fellowship in GIM & then passed FCPS final exam organised by CPSP Pakistan (Pakistan College of Physicians & Surgeons) in 2005. I then passed membership exam with RCP UK (MRCP) in 2011 while working in Dubai Health Authority as Specialist in Intensive Care Medicine. While working there, I also passed European Diploma Exams; organised by ESICM Brussels (EDIC in 2013 & EDEC - European Diploma in Advanced Intensive Care Echocardiography in 2018). I was relocated to UK in 2019 and joined King's Mill Hospital as a Consultant in Acute Medicine. I then got CESR with GMC, and subsequently on GMC Specialist Register in January 2021. I was awarded fellowship by RCP Glasgow (FRCP) in 2021. More recently, I have been granted fellowship with Royal College of Anaesthesia UK and awarded Associate Fellow of Faculty of Intensive Care Medicine UK (AFICM) in October 2022.

Dr Fatima Yusuf- Consultant Emergency Medicine

King's Mill Hospital

After completion of Plab I joined Sherwood Forest foundation trust as a speciality doctor in emergency medicine in 2014. The following year the CESR program in emergency medicine was introduced and I was the first person to join it. The CESR program in emergency medicine required for successful completion of rotations from various specialities. While completing the CESR program. I also became Trust appraiser in early 2019. Following completion of my FRCEM in 2019 I joined the department as a locum consultant. Few months into the role I became the mortality and morbidity lead for the department. I also then took up the role as the clinical governance lead for the emergency department. Both of these roles I currently pursue in my job. Early last year I was appointed the SAS tutor for the Trust. This is a role I have particularly felt passionate about. I feel privileged to help support SAS colleagues in the trust to achieve their career goals. The trust has a senior SAS development team led by Dr Noor who help guide and support this role.

Following submission and successful outcome from my CESR application in emergency medicine I am now in the specialist register.

12. Clinical Governance

PROGRESSING IN NHS (2CME)

Interactive Session with panellists

Not to be Missed

DATE: 12th Nov 2022

VENUE:

The Renaissance At Kelham Hall

Newark

NG23 5QX



Time		Speaker
13:45pm-14:00pm	Registration Tea	RMU ALUMNI UK
14:00pm-14:10pm	Introduction	Dr Asem Ali Consultant Stroke Physician President RMU Alumni UK
14:10pm - 15:00pm	Professional Development Doctors in NHS (All grades) Topic	Dr Mohammad Ayyaz Butt Consultant Oncologist Jersey General Hospital. Channel Islands
15:00pm - 15:15pm	Q & A	Dr Ayyaz Abbasi Consultant Emergency Department Wrightington Wigan and Leigh Teaching Hospitals Foundation Trust
15:15pm-15:45pm	How to Emerge as Clinical Leader: Learn from Success Stories.	Mr Attique ur Rehman Consultant vascular surgeon Post Graduate Director of Education Russells Hall Hospital
		Dr Afzal Sawal Consultant Paediatrician Medical Education Lead Royal Wolverhampton Hospital
		Dr Asem Ali Consultant Stroke Physician Divisional Medical Director Medicine Northern Lincolnshire and Goole NHS Foundation Trust

13. Leadership & Management

10:00 – 11:00 - Introduction to Leadership and Management

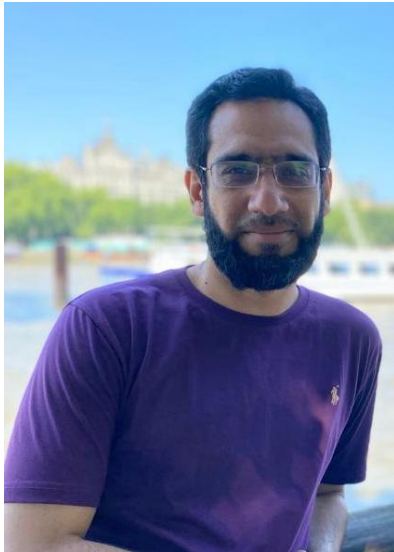
Dr Shabana Khan & Dr Umer Khan

11:00- 12:00 - Workshop – Dr Umer Khan

12:05 – 13:00 - Leadership Styles and applications

Dr Umer Khan & Dr Shabana Khan

SPEAKERS BIOGRAPHY



Dr Umar Khan

Emergency Medicine Consultant

Queens' Medical Centre; Nottingham

Umar is an Emergency Medicine consultant and currently working at the Nottingham University Hospitals NHS Trust. This Trust is the regional Trauma Centre for East Midlands. It has an annual budget of just under £1 billion. With 1700 beds, 90 wards and 15000 staff, its spread over three main sites across Nottingham. In addition to one of the busiest Emergency Departments in Europe, the trust provides national and international reputable specialist services such as stroke, trauma, renal, cancer and neurosciences.

Umar qualified as a doctor more than 15 years ago from Pakistan. Since then, he has been worked in multiple specialties. After completing of postgraduate qualification in Public Health, he undertook Emergency Medicine training in East Midlands. During this period, he was involved in multiple roles such as East Midlands regional Trainee Rep, Chief Registrar at Nottingham University Hospitals NHS Trust and then Chief Registrar at Sherwood Forest Hospitals NHS Trust.

He has been working on regional and Trust wide projects mainly focusing on patient flow management across the hospital, workforce management, training and development – especially leadership and management training. His Leadership Training program has gained accolades such as Medical Directors commendation award. His East Midlands Emergency Medicine Forum has brought together all training clinicians (trainees and Advanced Care Practitioners) across the region in order to share learning and best practice.



Dr Shabana Khan; MBBS, MRCP (UK)

Consultant Acute medicine (Locum)

Royal Liverpool University Hospital NHS foundation Trust

SQIL (safety quality informatics leadership 2019/2020- Harvard Medical school Boston
Executive Diploma in Organisational leadership - In programme 2023
Said Business School Oxford University

