



ANNUAL

Souvenir

2021





APPNE

ASSOCIATION OF PAKISTANI PHYSICIANS OF NORTHERN EUROPE

2ND ANNUAL EVENT

IN COLLABORATION WITH



BPPA AND IPPA



SPECIALITIES TO HAVE INDIVIDUAL CME,
BAZAAR, ACTIVITIES FOR KIDS, DINNER, MUSIC

20TH NOV 2021

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Please Follow the link

ref=61DC9167D9D45CD5E6002B043FE44C307E96D96D

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TEAM APPNE



President
Irfan Akhtar



General Secretary
Shabi Ahmed



Joint Secretary
Jamila Shahid

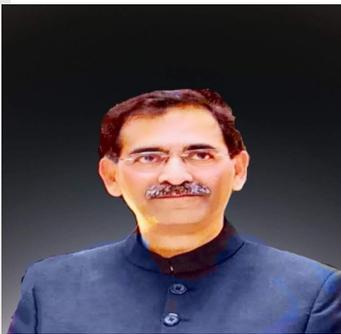


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Finance Secretary
Hajira Usmani

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Imran Ghanghro, Hasan Jawed, Jamila Shahid, Mehboob Mirza, Mukesh Kumar, Ali Mohsin Ehsanullah, Amir Burney

Message from the President

Dear APPNE Members

Assalam-o-alaikum

It has indeed been an extremely difficult year for most of us, with losing so many colleagues, friends, and family members to COVID, we saw some heroic work from our colleagues and witnessed a health service under pressure.

I cannot but extend my heartfelt thanks to all those who continued to work during the pandemic bearing significant stresses at home and at work. We must salute our hard working colleagues and other health care workers and also keep in our prayers those who paid the ultimate price delivering their services. 2020 will be remembered as the most physically and mentally taxing year in our professional lives.

The successful rollout of the vaccination has indeed shown some light at the end of this dark tunnel. With a significant proportion of vulnerable population being vaccinated we can see some normality coming back to our way of living. There has been various challenges and vaccination of BAME communities was a big one and I must congratulate APPNE members and executives who took up this challenge in raising awareness and acceptance of vaccination in the most vulnerable population cohort. We must remain cautious and don't let our defences go down as we hear of the third wave, fuelled by a new variant of the virus, with increasing reports of hospitals declaring major incidents,

APPNE team must be congratulated at it remained active during this stressful period, it's educational committee kept working at a high pace to keep colleagues updated on various relevant aspects of COVID and recent updates in its management, International Medical Doctors were facing severe hardships because of COVID related travel restrictions and issues with their registrations and PLAB examinations, our IMG group did some sterling work in supporting young colleagues, liaising with British High Commission, Home Office and the GMC. They worked tirelessly to help with boarding and lodging of these stranded doctors and mentoring them securing jobs in NHS.

I will continue to work and muster support from all IMG associations on matters of mutual interest, be it GMC matters or Adult Dependant Relative visa's or friendly healthy sporting activities.

APPNE continues to deliver on its ethos, we published our approved constitution and held our second well contested democratic elections, and I am personally ever so thankful to all my friends and colleagues who extended their trust in me, and I was elected to the post of President. I will do my best to work on our aims and objectives and we will expand our presence at all relevant platforms.

NHS continues to have 10,000 unfilled doctor vacancies, with fewer hospital beds and critical care capacity than our European neighbours and the IMG's are going to play ever so important role in stabilising NHS. APPNE will do its share to help in these unprecedented levels of staff shortages whether its doctors or nurses.

I indeed feel truly honoured and proud to be the president of our association and a part of such selfless dedicated colleagues.

“ I would also like to extend my sincere sympathies & condolences to the friends and families of all colleagues who gave ultimate sacrifice in line of duty.”

Best Wishes

Irfan Akhtar

Consultant Surgeon

President APPNE



Message from the General Secretary

It gives me great pleasure to pen down these lines as the General Secretary of APPNE – the only democratic organisation of Pakistani doctors in UK and Europe.

The last 6 months have been very exciting as well as challenging for APPNE. The second outbreak of the Covid pandemic in UK and Pakistan has created many a challenges with many colleagues losing their near and dear ones. Our heart goes out to all our friends affected in the global health crisis.

We have worked with fellow organisations in our campaign for Adult Dependent relatives visas. This is now shaping as a national campaign with The British medical Association & all other IMG organisations collaborating on this vital humanitarian issue.

The APPNE delegation called on the Pakistan High Commissioner in London. Matters of mutual interest were discussed. His Excellency the High Commissioner lauded the efforts of APPNE in helping junior doctors during pandemic as well the organisations efforts in to promote covid vaccination in the local community and also back home.

We also had a very eventful and entertaining cricket season in which matches were held with BAPIO as well as Derby tigers. We also had a tape tennis tournament organised in Walsall participated by more than a dozen regional teams. It was a family event in which all players and families enjoyed the fun filled day.

The most exciting feature of the year is our Annual function being organised in Birmingham on the 20th of November at the Edgbaston cricket ground. Watch the space for what promises to be the most exhilarating event of the year.

As promised earlier, the regional representatives of the organisation will be announced very soon thereby fulfilling another of the organisations commitment to empower membership at the grassroots.

With all these endeavours, we look forward to make the parent organisation stronger at all levels.

Please feel free to share your suggestions as we embark on our journey to take APPNE to new heights.

Mr Shabi Ahmad

General Secretary APPNE



APPNE'S Coming of Age by Hasan Jawed

When formally launched on 23 March 2018 at a press conference at Pakistan High Commission, 'APPNE was envisaged as a democratic and representative organisation of all doctors of Pakistani heritage residing and working in European continent. It would endeavor to be the voice of these doctors and bring them to one platform, acknowledging their achievements and attainments, helping them to achieve excellence in patient care through educational programs and assisting to improve medical infrastructure in Pakistan in an advisory capacity with regulatory and training bodies.'

Just three years since that inaugural declaration, APPNE has made significant strides towards all its declared aims and objectives. The successful organisation of its second annual event on 20/21 November 2021 therefore, can truly be marked as 'APPNE's Coming of Age'.

The Association has throughout adhered to democratic principles at all levels. It has successfully held two general election based on the universal democratic principle of 'one person, one vote', giving the opportunity to its entire active membership to elect its office bearers and executives, rather than resting that power in the hands of 'privileged few'.

APPNE today is an active and thriving organisations, having crossed the historic milestone of 1000 active members within its ranks, drawn from across the UK and other European Countries and belonging to literally every medical college in Pakistan. Many of its members are second generation Pakistani doctors, graduates of British and European medical schools.

It has emerged as the strongest voice of Pakistani Medical community, as evident from its various vibrant campaigns over the past 3 years on several important issues. These campaigns in collaboration with other diaspora organisations, resulted in significant achievements such as announcement of special death benefits for the healthcare professionals who lost life in line of duty during Covid pandemic, allowing in-country visa status change for healthcare workers and abolishment of Immigrant Health Surcharge for health and social care workers and their families. APPNE has also been leading a campaign to demand more transparency and fairness in GMC's disciplinary procedures, and has brought over 27 diaspora organisations under one roof to adopt a united strategy for this campaign.

The ongoing campaign for 'Adult Dependent Relatives' visa in collaboration with BAPIO, that not only has enlisted the support of BMA and several Royal Colleges but has recently resulted in a parliamentary debate, is another evidence of APPNE becoming the strongest voice of Pakistani medical fraternity.

The ongoing Covid Pandemic proved a real test for many organisations to demonstrate their ability to deliver, APPNE no doubt made its membership proud by a range of sterling efforts during the pandemic. These included supporting Stranded IMGs during first lockdown, helping them with repatriation, campaigning for their visa extensions, liaising with GMC to assist doctors affected by PLAB cancellation, facilitating Visa Applications from Pakistan, facilitating employments for stranded IMGs, successful campaign to allow In-Country Country Visa change for IMGs, highlighting the issue of lack of appropriate PPE for frontline health workers, successful campaigning for special Death Benefits for Healthcare workers, Public Health Education campaigns regarding Social distancing, self Isolation, need for vaccination to counter misinformation and holding of series of educational webinars for the benefit of IMGs in Europe as well as healthcare professionals in Pakistan to meet the professional challenges posed by the pandemic.

Achieving the unity of doctors of Pakistani descent and bringing them under one umbrella, has been APPNE's singular most important objective, from the day of its inception. It has been building closer relationships with many organisations to achieve this objective. At the beginning of this year signing of a 'Charter of Affiliation' with Irish Pakistani Professionals Association (IPPA) was an important turning point in this journey. And today with the organisation of 'APPNE Academic Convention 2021', involving several Pakistani speciality based organisations, holding parallel CME events under a single roof, is no doubt a watershed moment in our endeavour to unify doctors of Pakistani descent in Northern Europe. This is the day of 'APPNE's Coming of Age'. Let's proudly celebrate it.



Message from the Local Organising committee

یہ تیری یاد پہ اک اختیار ہے مجھ کو
کروں میں یاد تو بے اختیار کرتا ہوں

جو بے وفا تھا محبت اسی سے ہے مجھ کو
یہ جرم بھی میں دل بے قرار کرتا ہوں

نہ پوچھ میں نے مسلسل فریب کھائے کیوں
یہ دیکھ اب بھی ترا اعتبار کرتا ہوں

یہ حوصلہ ہے کہ نکلوں سفر پہ جب قیصر
جو راہ بند ہو وہ اختیار کرتا ہوں

غزل

(ڈاکٹر قیصر عباس زیدی)

میں نفرتوں میں محبت شمار کرتا ہوں
کسی کو مارنا چاہوں تو پیار کرتا ہوں

فریب میں نے دیئے بھی ہیں اور کھائے بھی
میں آدمی ہوں یہی کاروبار کرتا ہوں

تو ایک پل تھا پلٹ کر کبھی نہ آئے گا
مگر میں پھر بھی ترا انتظار کرتا ہوں

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Email: info@re-shape.co.uk



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cosmetic surgery uk

Umar D Khan

Consultant Cosmetic
and Plastic Surgeon



Pioneer of the muscle splitting
breast augmentation technique

HIGHLIGHTS OF 2020-2021

Team APPNE has had a busy year. The ethos of bringing the Pakistani doctors community together and collaborate with other medical and allied fraternity demands hard work and dedication and that's what APPNE is all about. The team has worked tirelessly to bring the vision into action.

APPNE has been involved in various education and social activities throughout the year,



River Shyok at Khaplu bathed in fall colours at sunrise

Photo details- Taken with Canon 5D Mark four, at 105 mm, F8, 1/400 sec and ISO 200

River Shyok is a tributary of mighty Indus river which originates in the Indian Kashmir from one of the tongues of the Siachen glacier. It rumbles down the hills and mountains for 340 miles and ultimately triumphs over its trials and tribulations to become calm in this valley before joining the Indus River. On its banks has been established the old town of Khaplu where people have lived for a 1000 years. It guards the trekking route to the high peaks of Mashabrum, K6, K7 and Chagolisa in the mighty Karakorum range. A saint Mir Sayyid Ali Hamadani travelled to this area 700 years ago from Iran and managed to convert the inhabitants to Islam. A magnificent wooden mosque still stands at his khanqah and is the centrepiece of the town.

*Photo credit: Mr Syed Asad Ali
Consultant Orthopaedic Surgeon
Wrexham Park Hospital UK*

SURGICAL TREATMENT OF TYPE 2 DIABETES AND METABOLIC SYNDROME



4th September 2021 at 1500 hrs BST/ 1900 hrs PST

Panelists



Prof. M F Afzal
Dept of Surgery
PGMI/AMC/LGH
President, Society of
Surgeons, Lahore Chapter



Mr Haris Khwaja
Consultant UGI &
Bariatric Surgeon
Chelsea & Westminster
NHS Trust



Dr Andy Hartland
Cons Chemical Pathologist
& Bariatric Physician
Walsall Hospital NHS Trust



Mr Midhat Siddiqui
Consultant UGI &
Bariatric Surgeon
Lewisham & Greenwich
NHS Trust



Moderator
Mr Amir Khan
Consultant Bariatric Surgeon

[Click here to register](#)



BSIG

Breast Speciality Interest Group



GRAND ROUND 3

Management of Breast cancer in Elderly

Saturday 11th September 2021

0900 hours (GMT)

Please use the link below to **REGISTER** and receive a confirmation to attend the session
<https://us02web.zoom.us/j/zoom/register/2ZUJF-usr7kqHDX35g9i3EUVZRh@UV7mkNG>

PANELISTS



Mr Adhar Shafiq, Consultant
Breast & Endocrine Surgeon,
Warrington Hospitals NHS Trust
UK



Ms Javeria Iqbal, Locum Consultant
Oncoplastic Surgeon, Sandwell &
West Birmingham Hospitals NHS
Trust, UK



Dr Mohammed Butt, Consultant
Oncologist, Princess Elizabeth
Hospitals, Channel Island, UK

MODERATORS



Ms Sadaf Jafferbhoy, Consultant Oncoplastic
Breast Surgeon, University Hospitals of North
Midlands, Stoke on Trent, UK



Mr Mahboob Mirza, Consultant Breast
Surgeon and Examiner, RCS City Hospital,
Birmingham UK

PROGRAM

Start: 09:00

Overview of Breast
cancer in Elderly :
09:10

Age Gap decision tool:
09:20

Case presentation 1:
09:30

Case Presentation 2:
10:00

Close: 10:30

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APPNE ACADEMIC CONVENTION 2021

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For Trainees and Speciality Doctors.

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EDGBASTON

20 & 21 November 2021

Edgbaston Cricket Ground, Birmingham, B5 7QU



CME PROGRAMME ANAESTHETICS

Date: Saturday 20th Nov 2021

Venue: Edgbaston Cricket Stadium, Edgbaston Road, Birmingham, B5 7QU

Time: 2pm-4pm

Organiser: Dr Zahid Sheikh (AAPOUKI) Royal Derby Hospital - Derby (In collaboration with APPNE - Association of Pakistani Physicians of Northern Europe)

Speakers: Dr Zahid Sheikh, Dr Tahir Ali, Dr Mohd Kashif Butt



Time	Programme Details
2:00pm	Welcome & Introduction - Dr Zahid Sheikh Consultant in Anaesthesia and Acute Pain Medicine UHDB Royal Derby Hospitals NHS Trust – Derby
2:05pm to 2:30pm	Challenges related to Covid-19 in ICU and Anaesthetics – Dr Tahir Ali Consultant in Intensive Care Medicine & Anaesthesia Buckinghamshire Healthcare NHS Trust
2:30pm to 2:40pm	Q/A
2:40pm to 3:10pm	Workshop 1 POCUS (Point of care use of U/S in Critical care patients) Dr Mohd Kashif Butt / Dr Tahir Ali Consultant in Anaesthesia & Intensive Care Medicine Wexham Park and Heather Wood Hospitals Ascot
3:10pm to 3:20pm	Q/A
3:20pm to 3:50pm	Workshop 2 Procedure specific Ultrasound guided Regional Anaesthesia Dr Zahid Sheikh Consultant Anaesthetist - Royal Derby Hospitals
3:50pm to 4:00pm	Q/A
4pm	Conclusion



CME - 23rd Meeting organised by ENT Society

Date: Saturday 20th Nov 2021

Venue: Edgbaston Cricket Stadium, Edgbaston Road, Birmingham, B5 7QU

Time: 2pm-4pm

Organiser: Dr Haroon Khan (In collaboration with APPNE – Association of Pakistani Physicians of Northern Europe)

Speakers: Dr Ijaz Ahmad, Dr Noweed Ahmad, Dr Shahzada Ahmed



Time	Programme Details
2:00pm	Welcome Mr Haroon Khan Consultant ENT Manchester DLO, FRCS, FRCS(ORL-HNS)
2:05pm to 2:30pm	“Surgical management of Differentiated Thyroid Cancer” Mr Ijaz Ahmad FRCS.Ed Consultant Head and Neck Surgeon University Hospitals Birmingham
2:30pm to 2:40pm	Q/A
2:40pm to 3:10pm	“Cochlear Implants-past, present, and future” Mr Noweed Ahmad FRCS.Ed (ORL-HNS) MSc DOHNS BSc (Hons) Consultant in Otolaryngology & Skull Base Surgery James Cook University Hospital Middlesbrough
3:10pm to 3:20pm	Q/A
3:20pm to 3:50pm	“Trans-orbital approaches to Skull Base” Mr Shahzada Ahmed Consultant ENT and Skull Base Surgeon University Hospitals Birmingham NHS Foundation BSc (Hons), DLO, MBChB, FRCS (ORL-HNS), PhD
3:50pm to 4:00pm	Q/A
4pm	Conclusion



CME PROGRAMME OPHTHALMOLOGY

(Facilitated by IMRA Charity)

Date: Saturday 20th Nov 2021

Venue: Edgbaston Cricket Stadium, Edgbaston Road, Birmingham, B5 7QU

Time: 2pm-4pm (In collaboration with APPNE – Association of Pakistani Physicians of Northern Europe)

Speakers: Mr Shahzad Shafquat (Moderator), Mr M Musadiq, Mr I Zaheer, Mr Saanan Umeed



Time	Programme Details
2:00pm	Welcome Mr Shahzad Shafquat FCPS,FRCS Edin FRCOphth Consultant Ophthalmologist Dudley Group NHS Foundation Trust
2:05pm to 2:35pm	“The role of OCT Angiography in nAMD and Retinal vascular disease” Mr Mohammed Musadiq FRCOphth Consultant Ophthalmologist Royal Stoke University Hospital, Stoke on Trent
2:35pm to 2:45pm	Q/A
2:45pm to 3:15pm	“Delivering Ophthalmology Services Post COVID’, a DGH perspective” Mr Imran Zaheer FRCOphth Great Western Hospitals NHS Foundation Trust, Swindon
3:15pm to 3:25pm	Q/A
3:25pm to 3:55pm	“Management of Diabetic Retinopathy” Mr Saanan Umeed FRCS Edin MRCOphth Consultant Ophthalmologist University Hospitals Birmingham NHS Trust
3:55pm to 4:00pm	Q/A
4pm	Conclusion

APPNE EM Forum

KEYNOTE SPEAKER

DR TAJ HASSAN

Building and delivering on the Roadmap for Emergency Medicine in Pakistan.









Theme of the Day

Supporting Emergency Medicine in Pakistan from abroad

Registration



Edgbaston Cricket Ground B5 7QU

info@appne.uk
www.appne.uk

20TH NOV

13:00 - 16:00

13:00-13:30: Keynote Session
13:30-13:45: Q&A
13:45-14:00: EM beyond EDs
14:00-14:15: Coffee Break
14:15-14:30: EM USG
14:30-14:45: ED Palliative Care
14:45-15:00: EM Education
15:00-15:20: International Fellowships
15:20-15:35: Remote EM
15:35-15:50: Military EM
15:50-16:00: Closing remarks



BAPGP @APPNE ACADEMIC CONVENTION 2021

Uniting Pakistani Doctors Across Europe

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Speakers

- Dr Amir Hannan (LMC chair Greater Manchester)
- Dr Aisha Sharif (Board Member Modality)
- Dr John Hughes (Chair GP survival)

Agenda (Working at scale)

2:00pm Meet and greet

2:15pm Introduction to the theme 'Working at scale'

2:30pm **What Is Happening At A Regional Level?**
Dr Amir Hannan - LMC chair of Greater Manchester

2:45pm Discussion and Q&A

3:00pm **How Does Working To Scale Work In The Real World?**
Dr Aisha Sharif - Board Member modality.

3:15pm Discussion and Q&A

3:30pm **How will the GMS survive working at scale. How to protect the GMS contract?**
Dr John Hughes - Chair GP survival.

3:45pm Q&A and discussion

Close

20 & 21 November 2021
Edgbaston Cricket Ground, Birmingham, B5 & QU

POPS

Pakistani Origin Plastic Surgeons

APPNE dinner



CPD event*

Sat. Nov. 20, 2021 1400- 1600hr

Birmingham. B5 7QU

Adil Khan (5 min)	Introduction
Lubna Khan-Salim (15 min)	'10 years better, not younger!' from anti-ageing to pro-ageing
Prakash Lohana (15 min)	Challenges for a new consultant
Sameena Hassan (15 min)	Navigating the challenges of training from a female perspective
Khurram Khan (15 min)	Cleft surgery: Filling the gaps
Khalid Khan (20 min)	An unforgettable journey as a plastic surgeon
Shield presentation (5 min)	
Invited speaker: Umraz Khan (20min)	Improving outcomes & finding Itheca

*Dinner/Entertainment requires buying a ticket for APPNE event next door

POPS CPD ticket



https://tinyurl.com/mc827pf



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APPNE

ASSOCIATION OF PAKISTANI PHYSICIANS OF NORTHERN EUROPE

ANNUAL EVENT

20TH NOV 2021

EDGBASTON BIRMINGHAM

POSTER COMPETITION

CALLING FOR ABSTRACTS

SUBMISSION DEADLINE

2ND OCT 2021

WINNER PRIZE FOR THE BEST POSTER

FURTHER PRIZES FOR 2ND AND 3RD BEST POSTERS

For Further Information Contact Education @appne.uk

- ▶ Dr Afzal Sawal
- ▶ Miss Sadaf Jafferbhoy
- ▶ Mr Syed Iftikhar
- ▶ Dr Ambreen Rauf

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our website | www.appne.uk

Covid Vaccine pass or negative lateral flow required

Taimur Gul

BSc, MBA, Dip PFS

Financial Planning Expert



Clearcut Accounting / Taimur Gul BSc MBA Dip PFS (Financial advisor)

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Contact detail: Telephone: 0161 224 5456 Mobile: 07904951551 Email: info@clearcutaccounting.co.uk

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SOCIAL & SPORTS ACTIVITIES UPDATE

With the beginning of year 2021 APPNE planned it's calendar for social and sports activities.

During Ramadan APPNE arranged weekly TV programs on WTN TV to raise awareness about health and different common diseases. There were number of diseases covered including diabetes, chest, disease, cardiovascular health and thalassemia.

APPNE is well aware of importance relationship with other organisations such as BAPIO British Association of Physicians of Indian Origin. Good relationship with all other organisations of IMG doctors is an essence and is of prime significance. We all have one ambition and we aim to work towards prosperity of doctors and create a supportive environment.

Therefore series of three cricket matches was organized with BAPIO,

APPNE hosted first two matches and third and the final one was hosted by BAPIO. First match was played on 11th July 2021 at Derby and BAPIO won it. APPNE chose to play first and BAPIO was able to achieve the target easily.

Second match was played in Derby too on 25th July 2021 and BAPIO and this time APPNE won it leveling the series. Now the final match was very important and it was the pinning match for the trophy! BAPIO hosted final match in Manchester and won the series. They had an honour of holding trophy this year. APPNE congratulates them well!

More than that it was a showcase of sub continent nations coming together and joining hands with each other. There was a friendly atmosphere with food and chit chat intermingling of families.

I am also very grateful to Sports committee Mr Naseem Warraich, Ali Kareem, Adil Kareem in making these sports activities a success. Behind the scene work started many months ago and it was not an easy task but with teamwork we made it possible.

APPNE will continue to work during next year like this or even better and it would not have been possible to make all these activities successful if APPNE did not have support from it's membership and community.

I am also very grateful to Sports committee for their support and making it possible to hold such successful activities.

APPNE 's annual event is just around the corner and APPNE team with it's membership is working day and night efficiently to have a successful event that everyone can remember and enjoy with their families.

I will like to express my gratitude and immense thanks to all of APPNE membership, their contribution can not be paid back and it would not have been possible to achieve what we have achieved so far.

I as social secretary of APPNE look forward to meet you all and I welcome you at our annual event

Thank you very much.

Dr Iram Saeed

Social Secretary APPNE

HEALTH AWARENESS PROGRAMMES OF APPNE WITH WN TV

Ramadan & Cardiovascular diseases
 25 April 2021 From 1 till 2 PM UK Time
 EU 2 PM, USA 8 AM, PAK 5 PM, IND 5.30 PM
 WORLD NEWS TV UNITED KINGDOM
<http://www.wntv.uk>



Dr Saqib Ghani Consultant Cardiologist
 Barent Valley Hospital

Dr Shabina Qayyum GP in Peterborough
 Labour Party Councillor

Dr Iram Saeed Consultant Haematologist
 Social Secretary APPNE

S M IRFAN TAHIR Director World News TV UK

Ramadan and Vaccination
 24 April 2021 From 1 PM till 2 PM UK Time
 EU 2 PM, USA 8 AM, PAK 5 PM, IND 5.30 PM
 World News TV United Kingdom
<http://www.wntv.uk>



Dr Asim Chishty Clinical Director Arc Hub PCN
 GP Partner

Dr Aisha Sharif GP in Birmingham

Dr Iram Saeed Consultant Haematologist
 Social Secretary APPNE UK

S M IRFAN TAHIR Director WNTV UK

Ramadan and health problems facing Muslim Community With Consultant Diabetologist and Consultant Chest disease
 18 April 2021 From 6 PM till 7 PM UK Time
 EU 7 PM, USA 1 PM, PAK 10 PM, IND 10.30 PM
 World News TV UK <http://www.wntv.uk>



Dr Fahad Wani Diabetes Consultant

Dr Zahid Noor Respiratory Consultant and Acute Medicine

Dr Iram Saeed Haematologist Social Secretary APPNE

S M IRFAN TAHIR Director World News TV UK

Kidney problems awareness
 9 May 2021 From 4 till 5 PM UK Time
 EU 5 PM, USA 11 AM, PAK 8 PM, IND 8.30 PM
 World News TV United Kingdom
<http://www.wntv.uk>



Dr Mansoor N Ali Consultant Nephrologist
 Bradford Teaching Hospital

DR SHABI AHMAD Consultant Biological Surgeon
 Secretary General APPNE

DR IRAM SAEED Consultant Haematologist
 Social Secretary APPNE

S M IRFAN TAHIR Director World News TV UK



APPNE SPORTS COMMITTEE

Mr Naseem Waraich

Dr Adil Karim

Mr Mohammad Ali Karim



Sports Committee organised Walsall Tape Ball Cricket tournament on 27th of June 2021. In this tournament 13 teams played tape ball against each other and Sheffield Warriors won the tournament and was awarded winning trophy. It was a festival for local community. Families travelled from the distance to attend the festival with their families. Our social secretary Iram saeed played a vital role along with the sports committee in making this tournament a huge success.



APPNE TAPEBALL CRICKET TOURNAMENT
27th June 2021

First Match starts at 9.30

Ground of Queen Mary's Grammar School for Boys
Sutton Road Walsall WS1 2PG

A Family Fun Day

GAME ON

For any further details please contact
APPNE TEAM
 info@appne.co.uk
 Mr Naseem Warraich
 07812334818
 Dr Adil Karim
 07460494989
 Mr Ali Kareem
 07427028305



TAPE BALL TOURNAMENT 2021 WALSALL

Lal Mughal Cornered tigers	Aadil Karim Birmingham King	Adeel Rauf Sheffield Warriors	Badar Ganaie Stokey Saints
Nadeem Tehami Sutton Jiggars	Ishaq Khan Quaranteam	Adnan Qureshi Broughton CC	Sajid Mehmood Blackburn Rovers
Habib Haider NODFA Avengers	Shahid Latif Leicester Tigers	Amir Burney Notttingham Robins	Maaz Bin Fareed Makeshift

Sports Committee

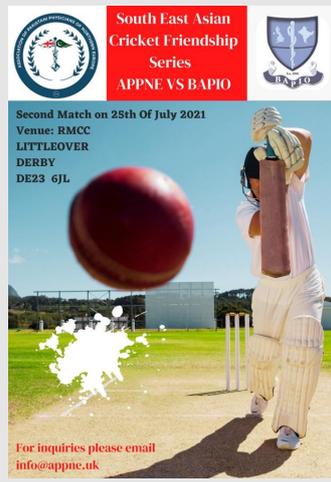
- Aadil Karim
- M Alee Karim
- Iram Saeed
- Irfan Akhtar
- Naseem Waraich



APPNE VS BAPIO CRICKET SERIES

APPNE'S phenomenal work in collaboration with BAPIO was the cricket series. This was a friendly three match series played between that was won by BAPIO 2-1t was a highly successful social and family event that was played in a cordial atmosphere. This was an opportunity to bring communities together and step towards a bright future of synergistic working between the two organisations.

APPNE is grateful to the leadership of BAPIO and all the players who took part along with sponsors.. APPNE is also thankful to BAPIO for hosting the final match in Manchester.



The future torch bearers of APPNE & BAPIO

APPNE VS DERBY TIGERS MATCH SERIES

APPNE cricket team and Derby Tigers Cricket team played a three match cricket series in the summer of 2021. The series was organised and managed by Dr Amir Burney (Founding and immediate Past President of APPNE) with support from Dr Hisham Haq (Immediate Past Social Secretary), Mr Nasr Khan, Mr Abid Ali (Vice captain APPNE)and Mr Khurram Mirza (Captain Derby Tigers). The three games were organised in Nottinghamshire and a number of APPNE members and their families from across the United Kingdom took part. Congratulations to Derby Tigers for winning a tough series which was played in an excellent atmosphere and with great spirit. Thank you to Carrington and Birchover Cricket Club (Nottingham), the groundskeepers Mr Nasr (Nash) Khan, Mr Irfan Niazi, umpires Mr Zafar Iqbal and Mohammed Umair. A special thanks to caterers DESI TARKA (Nottingham) for the excellent lunches all through the series and to Derby Tigers captain Mr Khurram Mirza for organising the trophies and medals for the series. APPNE would like to thank all the players who took part in the series which helped to foster community awareness about the importance of physical activity, health and mental wellbeing. On the occasion to celebrate the cricket series , a special song (Piyam-e Umeed: Phir Ho Ja Shuru) was composed by Amir Burney and Dr Yousuf Shah. The central idea of the song was by Dr Amir Burney, it was written by Dr Nikhat Iftikhar and sung by Dr Yousuf Shah. Dr Amir Burney produced the video which was very well appreciated.

Dr Amir Burney
Founding and Immediate Past President APPNE



APPNE VS BAPIO CRICKET MATCHES



CRICKET SERIES 2021
APPNE VS BAPIO
 Places are being filled very quickly
 Competitive Series
 Please contact info@appne.uk

Rest of Three
 11th July 2021-Ashbourne
 25th July 2021-Derby
 29th August 2021-Manchester

SUMMER

APPNE'S COLLABORATIVE WORK

APPNE TEAM met the Honourable High Commissioner of Pakistan in London on 27 Aug 2021. Issues of mutual interests were discussed including providing support and expertise for the health sector in Pakistan.



Mr Irfan Akhtar represent APPNE at BAPIO's Annual Event



APPNE brings you the chance to stand up

AKHTAR:
"There are people
in my position
where the
outcome is not
a happy one."



Doctors wanting to move vulnerable relatives to the UK face almost insurmountable barriers despite being willing to fund their care. Some are left with no option but to leave the country. **Tim Tonkin** reports

HOW HARD DO YOU FIGHT TO BE
UNITED WITH YOUR PARENTS AS
BRITISH CITIZENS

OUR SPONSORS FOR THE EVENT

TEAM APPNE would like to thank all the sponsors who have supported this event and looking forward to be working together in the future events.

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APPNE

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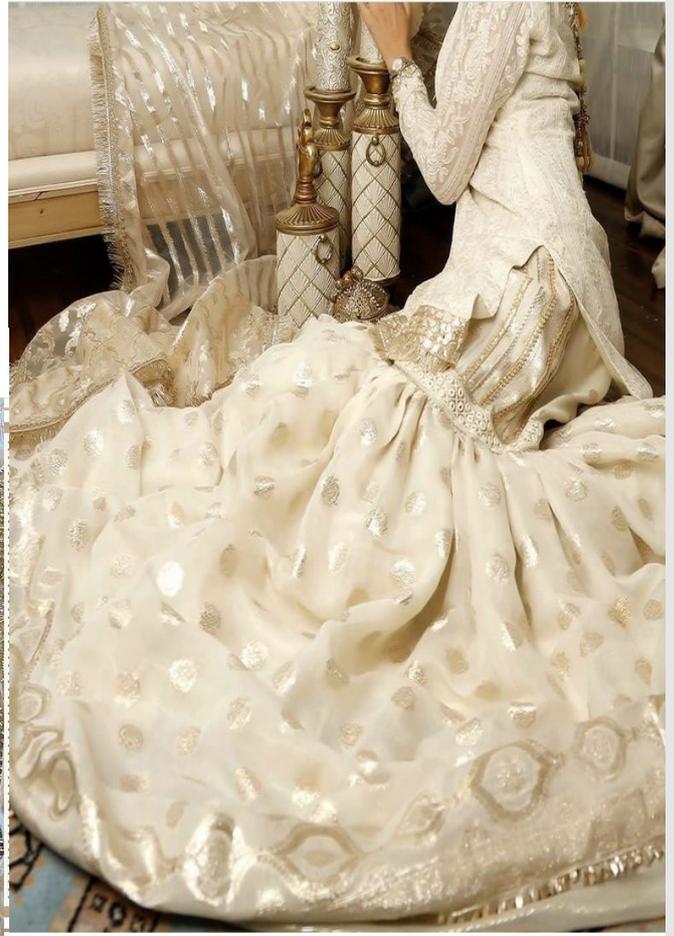
- ▶ FINANCE ADVICE
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Time: 1000-1600 for public
1600 onwards APPNE guests

Venue: Edgbaston Cricket Ground, Birmingham, B5 7QU
Covid Vaccine pass or negative lateral flow required



cerisebytasmiahshafiq



seemasofficial
Karachi, Pakistan

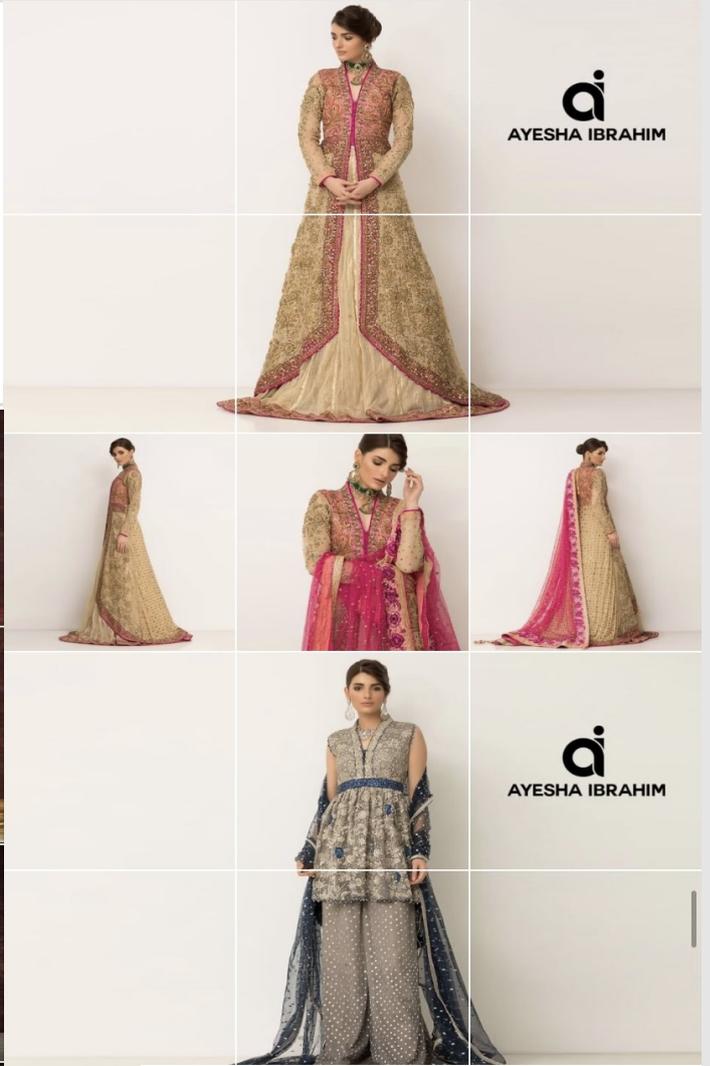


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Clothing (brand)





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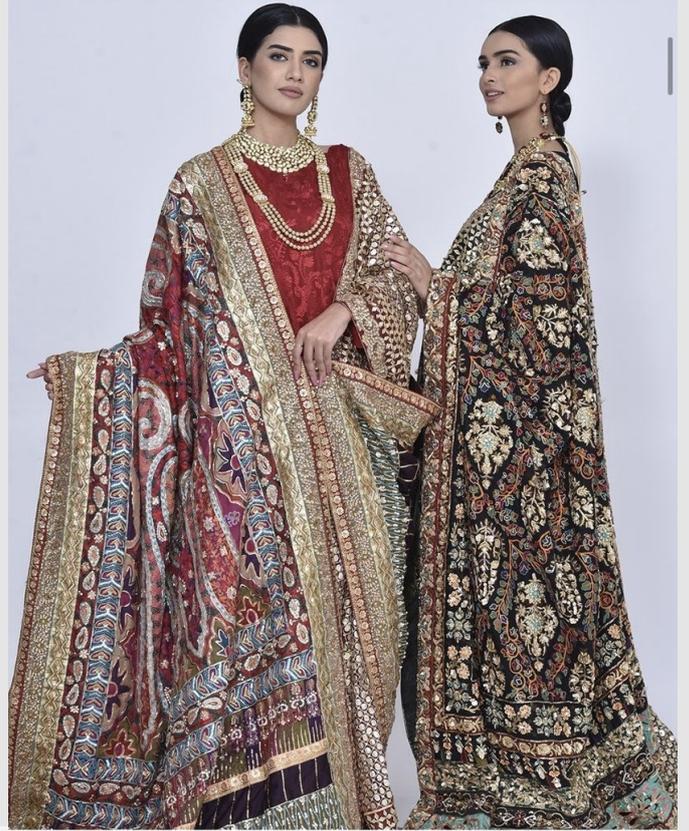
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RUBAB DHANJI

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Imran Ghanghro, Hasan Jawed, Jamila Shahid, Mehboob Mirza, Mukesh Kumar, Ali Mohsin Ehsanullah, Amir Burney



آدمی سے انسان اور انسان سے اشرف المخلوقات کا سفر

آدمی سے انسان کا ارتقاء ایک مستقل اور جاری عمل رہا ہے۔ انسان اور انسانیت کی شناخت اور اس کی حیوان سے تفریق کی بنیادی وجوہات انسان کی تہذیب و تمدن اور سماجی اور ثقافتی اقدار میں بتدریج اور سلسلہ وار مثبت تبدیلیاں ہیں۔ جہاں انسان نے ہمارے آج کل کے معاشرے میں اشرف المخلوقات کا لقب حاصل کیا ہے، وہیں انسان نے حرص، لالچ اور طمع کے خاطر انسانیت کا نقاب اوڑھ کر انسانیت کی دیوار میں دراڑیں ڈالنے کی کوششیں بھی کی ہیں۔ یہ نقاب کبھی مذہبی، کبھی سیاسی، کبھی نسلی، کبھی لسانی، کبھی معاشی اور کبھی جنسی تفریق کی صورت نظر آتا ہے۔ لیکن اس نقاب کے پیچھے چھپے مختلف چہروں میں ایک ہی مقصد پنہاں ہے، اور وہ مقصد اسکا ذاتی مفاد ہے، جس کے خاطر وہ انسانیت کے پہلے کو پیچھے دھکیلنے اور قربان کرنے سے نہیں چوکتا۔

آج کے دور میں ہر شخص ایک دوسرے سے باہم و پیہم منسلک اور مربوط ہے۔ ہماری بنیادی اور آسائشی لوازمات کے پیچھے سینکڑوں انسان اپنی صبح شام ایک کرتے ہیں، انکی اس محنت کو ہم پیسے کے زور پر چند لمحوں میں خرید لیتے ہیں۔ ہمارا یہ خیال ہوتا ہے کہ یہ ہمارا پیسہ ہے جو ہمیں یہ اختیار دیتا ہے کہ اپنی ضروریات کو جب چاہیں، جیسے چاہیں اور جتنا چاہیں خرید لیں۔ حقیقتاً یہ ہمارے معاشرے یا با الفاظ دیگر، ہمارے سماج کی ارتقاء ہے کہ ہم ایک دوسرے کو دیکھے جانے بغیر، صبح شام زندگی کی آسائشوں سے مستفید ہوتے ہیں۔ میرا یہ مصمم یقین ہے کہ ہمارا یہ معاشرہ ایک ایسی عمارت کی مانند ہے جس کی بنیاد اور ستون مختلف انسانوں پر مشتمل ہے جہاں ایک دوسرے کی مدد کئے بغیر ہم، بحیثیت اشرف المخلوقات، آگے پیشرفت نہیں کر سکتے۔

اس بات کا عملی مظاہرہ تب نظر آیا جب کرونا وائرس کی موذی وبا نے اس دنیا کو اپنی گرفت میں دبوچ لیا۔ ہر خاص و عام بلا تفریق اس وبا کا شکار ہوا۔ مشرق سے مغرب، شمال سے جنوب اور غریب سے لے کر امیر تک، ہر رنگ، ہر نسل، ہر جنس اور ہر خطے کا انسان اس وبا سے نہ بچ سکا۔ جب اس وبائی مرض سے ہر کوئی انسان بلا امتیاز مبتلا ہوا تو کسی شخص کا پیسہ، عہدہ، اختیار اور مرتبہ اس کے کام نہ آسکا۔ حفاظتی ٹیکوں کے آنے سے پہلے کچھ نہیں کہا جاسکتا تھا کہ اگر آپ ہسپتال گئے تو اس دنیا میں واپس آئیں گے یا دوسری دنیا کا رخ اختیار کرینگے۔



in Muntaz (Bawa)
I've not done
before
22/5/20



Sketch for cause
Dr Aman Abbas and
Dr Rizana Abbas Dow 93
Umar Daraz Khan
14-05-20 Made
during the pandemic
lockdown



Sketch for cause
Sharafullah
Former President
Dewan Ahsan
Pillar reliable
friend to have
Umar Daraz Khan
16-5-20



M. Zahid Qureshi
Dow 86
OBE.
My Mentor, my
architect for
my FRSE
Umar Daraz Khan
16-5-20



Sketch for cause
Mehboob Wige
Dow 87
Ever energetic
& One of the members of
APDPA
Umar Daraz Khan
19-5-20



Sketch for cause
Dr Adil Khan
Plastic Surgeon a beautiful
artist. He is known as the
"born to remove" doctor's partner
in Karachi.
Umar Daraz Khan
17-5-20

جب میں خود مارچ ۲۰۲۰ء میں کووڈ کا شکار ہوا تو کسی کو کچھ علم نہی تھا کہ کیا کرنا ہے، کہاں ٹیسٹ کرانا ہے، کس سے رابطہ کرنا ہے؟ بس ایک افراتفری کا عالم تھا، ڈاکٹر دوستوں کو فون کیا تو تجویز اور مشورہ یہ ہی تھا کہ سانس اکھڑنا شروع ہو جائے تو ۹۹۹ کو مطلع کر دینا۔ ہمت اور قسمت کے بل بوتے پر جان بچی۔ انگلستان کی مضبوط معیشت میں جہاں ایک این ایچ ایس کا مضبوط اور فعال ادارہ ایک عرصہ دراز سے قوم کی خدمت کر رہا تھا، وہ عظیم ادارہ یکایک کھلبلی کا شکار ہو گیا۔ ذاتی دفاعی حفاظتی تدابیر کے نہ ہونے کی وجہ سے سینکڑوں جانیں ضائع ہوئیں جن میں اکثریت بیرونی ممالک سے تعلق رکھنے والے ڈاکٹروں کی تھی۔ کچھ ہمارے ڈاکٹر، جن میں ہمارے صدر ڈاکٹر عرفان اختر شامل ہیں، ائی سی یو میں زندگی اور موت سے نبرد آزما رہے اور بے تحاشا دعاؤں کے ساتھ آج ہمارے درمیان موجود ہیں۔ ڈاکٹروں کی ان خدمات اور اعتراف کو سراہتے ہوئے میں نے ایک اسکیچ بنایا جو اس کالم کا حصہ ہے۔

جہاں این ایچ ایس نے بے پناہ لوگوں کی جانیں بچائیں وہیں اس کی عظیم عمارت میں کچھ دراڑیں بھی نظر آئیں جسکا شکار بالعموم این ایچ ایس کی صف اول میں کام کرنے والے ڈاکٹر اور بالخصوص کثیر ہوم کا اسٹاف ہوا۔ ان کثیر ہوم کی حالت زار پر روشنی ڈالنے کے لئے اور ساتھ ساتھ انکی مالی مدد کرنے کے خاطر میں نے اپنی ڈاؤ کی ایسوسی ایشن کے ساتھ ایک عطیاتی مہم کا آغاز کیا۔ میں نے کووڈ سے صحتیابی کے بعد، ڈاکٹر ثاقب غنی، صدر ڈوگانا، کی مدت سے باسکٹ بال کھیلتے ہوئے ایک ویڈیو بنائی۔ ویڈیو کا مقصد و اہمیت ایک مدافعتی مثبت پیغام اور لوگوں کی ہمت بڑھانا تھا اور باسکٹ بال کا انتخاب میری اس کھیل کے ساتھ ذاتی پس منظر اور وابستگی تھی۔ دوستوں، ہمعصروں اور کمیونٹی کے دیگر افراد کو ویڈیو اور مہم سے آگاہ کیا اور ان سے اپنی ویڈیو بنا کر عطیاتی مہم کی ویب سائٹ پر لگا کر چندے کی درخواست کی۔ چندہ اکٹھا کرنے کے لئے میں نے دوستوں کے کچھ اسکیچز بھی بنائے اور پانچ ہزار پاؤنڈ سے زیادہ رقم اکٹھی کی جو نیشنل کثیر ہوم ایسوسی ایشن کو ایک آن لائن تقریب میں بطور عطیہ پیش کئے جسکو کثیر ہوم ایسوسی ایشن نے خاصا سراہا۔



اہمیت ایک مدافعتی پیغام، لوگوں کی ہمت بڑھانا تھا اور باسکٹ بال کا انتخاب میری اس کھیل کے ساتھ ذاتی پسمنظر اور وابستگی تھی۔ ثاقب غنی صدر کی مدد سے باسکٹ کھیلتے ہوئے ویڈیو بنائی اور دوستوں، ہمعصروں اور کمیونٹی کے دیگر افراد کو مہم سے آگاہ کیا اور ان سے اپنی ویڈیو بنانے کے ساتھ ساتھ چندے کی درخواست کی۔ چندہ اکٹھا کرنے کے لئے دوستوں کے میں نے کچھ اسکیچز بھی بنائے اور پانچ ہزار پاؤنڈ سے زیادہ رقم اکٹھی کی جو نیشنل کثیر ہوم ایسوسی ایشن کو ایک آن لائن تقریب میں بطور عطیہ پیش کئے۔



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